

Esophageal Manometry

Your exam is scheduled on _____ at _____.

An **ESOPHAGEAL MANOMETRY** provides information about how the muscles in your throat and esophagus work as food and liquids pass from the mouth to the stomach.

PREPARATION:

- **Do not take** any of the following medications for **2 days** before the test:
 - Pain medicines such as **Demerol, codeine, morphine, Percodan**
 - Sedatives or tranquilizers, examples: **Valium, Librax, Elavil, Thorazine**
 - Antispasmodics, examples: **Bentyl, Donnatal, Motilium, Levsin, Robinul, erythromycin, Reglan** (metoclopramide) or **Propulsid** (cisapride)
- If you have questions about a specific medication, ask your physician or clinic nurse
- **DO NOT EAT OR DRINK** 6 hours before the test, until your test is over.

PROCEDURE:

- The procedure unit staff will provide you with a gown to protect your clothing.
- The nurse will numb your nose before passing the small tube into your esophagus. The tube is connected to a recording system.
- You will be asked to swallow and take sips of water as the recording is performed.
- The test takes about 30 minutes, after which the tube is removed.
- No sedation is needed for this test. **You may drive afterward.**