



Dear Patient,

In order to provide you with comprehensive spine care, we ask that you take a few minutes to complete the questionnaire below. If you need help completing this form, please ask one of our office staff to assist you.

Your Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

If a doctor referred you to our office, what is his/her name? \_\_\_\_\_

### **Current History**

**What is the main reason for your visit today? (Please check all that apply.)**

- Back pain       Leg pain       Neck pain       Arm pain

**How long has this been a problem? (Please check the most accurate time period.)**

- Less than 2 months       2-6 months       6-12 months       Greater than 1 year

**Have you been treated by any other medical provider for this condition?**

If yes, please list name of provider: \_\_\_\_\_

**What treatments have you had for this problem? (Please check all that apply.)**

- Nothing       Chiropractic Care       Acupuncture       Injections       Physical Therapy

Pain Medications If so, which medications? \_\_\_\_\_

**Have you had any tests for this problem? (Please check all that apply.)**

- None       X-Ray       MRI       CT       EMG       Bone Scan

CT Myelogram       Discography       Other (please specify) \_\_\_\_\_

**Did your current spine problem result from any of the following? (Please check all that apply.)**

- No Apparent Cause       Car Accident       Work Injury       Sports Injury

Other (Please Specify) \_\_\_\_\_

**How did your current problem begin? (Please check all that apply.)**

- Suddenly       Gradually       Lifting       Twisting       After falling  
 Bending       Pulling       Other (please specify) \_\_\_\_\_

**What makes your pain worse? (Please check all that apply.)**

- During Exercise     After Exercise     Prolonged Sitting     Prolonged Standing     Walking  
 Bending Forward     Bending Backward     Pushing     Pulling     Squatting     Sleeping/night  
 Other (please specify) \_\_\_\_\_

**What reduces your pain? (Please check all that apply.)**

- Nothing     Lying Down     Sitting     Standing     Walking     Shifting/Changing positions  
 Medication, which one(s)? \_\_\_\_\_     Other (please specify) \_\_\_\_\_

**Past Medical/Surgical History**

**Have you previously undergone Spine Surgery?**

- No     Yes (please specify type(s) and date(s) of surgery) \_\_\_\_\_

**Have you previously undergone any other surgery?  No     Yes (If yes, please list below.)**

Date	Surgery
_____	_____
_____	_____
_____	_____
_____	_____

**Do you have any medical problems such as diabetes, high blood pressure, high cholesterol? Please list below.**

Date	Medical Problem or Hospitalization
_____	_____
_____	_____
_____	_____
_____	_____

Are you allergic to any medications?  No  Yes (please specify medications and reactions below)

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Are you allergic to latex?  No  Yes

## Current Medications

Please list your medications in the table below.

Name of Medication	Strength	Number of pills per day

## Social History

What is your occupation/vocation/profession? \_\_\_\_\_

Which of the following best describes your work status?

Full time  Part time  Unemployed  Disabled  Retired

Do you currently smoke?  No  Yes How many packs per day? \_\_\_\_\_

Did you previously smoke?  No  Yes When did you quit? \_\_\_\_\_

Do you use any other nicotine products?  No  Yes (please specify) \_\_\_\_\_

How frequently do you drink alcohol?

Never  Daily  1-2 beverages/week  1-2 beverages/month  1-2 beverages/year

Are you currently involved or considering involvement in any type of litigation? Please specify below.

Lawsuit  Workers Comp.  Disability Claim  Social Security Claim  Other \_\_\_\_\_

## Family History

Do you have a family history of any of the following?

- |                         |  |                                |  |
|-------------------------|--|--------------------------------|--|
| Arthritis               | <input type="checkbox"/> Yes <input type="checkbox"/> No | Blood Clots                    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Hypertension            | <input type="checkbox"/> Yes <input type="checkbox"/> No | Diabetes                       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Cancer                  | <input type="checkbox"/> Yes <input type="checkbox"/> No | Cardiac Disorders              | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Mental Health Disorders | <input type="checkbox"/> Yes <input type="checkbox"/> No | Adverse reaction to Anesthesia | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Excessive Bleeding      | <input type="checkbox"/> Yes <input type="checkbox"/> No | Other (please specify)         | _____  |

## Review of Systems

Do you currently or have you previously had problems with any of the following? Please describe all "Yes" answers.

- |                                       |  |       |
|---------------------------------------|--|-------|
| Skin                                  | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Ears, Nose, Throat                    | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Heart                                 | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Lungs                                 | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Stomach or Gastrointestinal           | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Bladder or Bowel Problems             | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Bleeding or Clotting Problems         | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Diabetes                              | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Cancer                                | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Bone or Joint Problems                | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Brain, Spinal Cord, or Nerve Problems | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Mental Health Problems                | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Reproductive or Sexual Problems       | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Fevers or chills                      | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Night Pain                            | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |
| Unexpected Weight Loss                | <input type="checkbox"/> No <input type="checkbox"/> Yes | _____ |

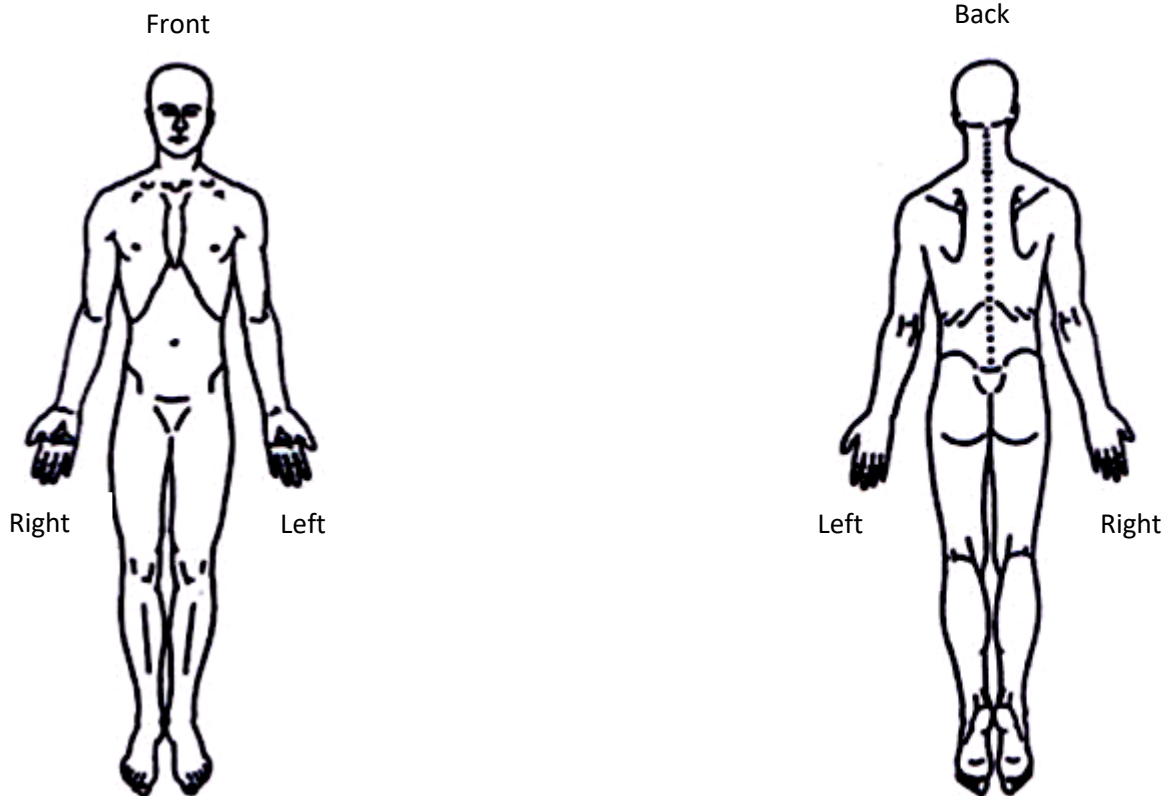
Reviewed By: \_\_\_\_\_

Date: \_\_\_\_\_

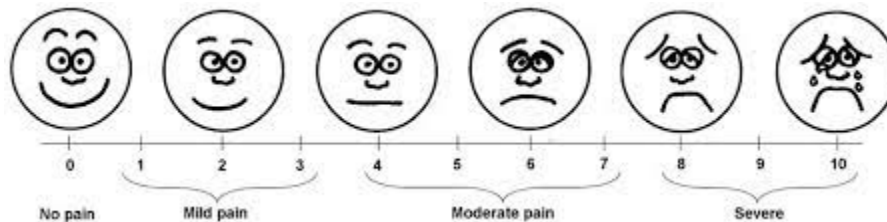
## Pain Diagram

Where is your pain located? Please draw on the body diagrams below to show where you feel the sensations listed in the table. Use the symbols in each category to help indicate the type of pain you are having. Please feel free to provide further detail regarding your pain.

Ache	Numbness	Burning	Stabbing	Pins and Needles
AAA	OOO	XXX	///	---



Please use the pain scale below to answer the following questions.



On a scale from 0-10, how would you rate your pain at this moment? \_\_\_\_\_

On a scale from 0-10, how would you rate your pain on your worst day? \_\_\_\_\_

On a scale from 0-10, how would you rate your pain on your best day? \_\_\_\_\_