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| **5 days to procedure** | **Review your prep instructions thoroughly. Review medication changes/restrictions starting today.** You may take aspirin and non-steroidal medication (Ibuprofen, Aleve, Naproxen) **STOP** iron supplements and fish oil. Please see below for further medication instructions. |
| **1 Day to procedure** | Pick up 2 Fleets Enemas at your local pharmacy.  **A picture containing icon  Description automatically generated12:00 (midnight)** Nothing to eat or drink after midnight. |
| **Procedure Day** | **Prep at a Glance**  **2 hours before leaving for hospital** use the first Fleets enema  **1 hour before leaving for the hospital**  use the 2nd Fleets enema  No Gum or hard candy | you MAY brush your teeth but DO NOT swallow  \*If you take heart, lung, blood pressure or seizure medication, you may take it with SMALL SIPS OF WATER ONLY, at least 2 hours before your procedure.  **Detailed, step-by-step instructions continue on page 2**. |

**Information Regarding your procedure**

* If you are on ***Plavix, Coumadin, Heparin, Lovenox, Pradaxa (blood thinners only).***It is your responsibility to notify your cardiologist or primary care doctor that you are having a GI procedure and need to be directed on what to do with your blood thinners. If your doctor wants you to remain on the blood thinners, please notify the office before the procedure.
* If you are ***Diabetic***, please speak with your physician that treats your diabetes regarding any possible change in the dosage of your insulin or oral hypoglycemic agents on prep day and procedure day.
* If you weigh ***350 pounds or more***, please notify the office.

**The following instructions are your physician’s specific instructions. Please follow the instructions carefully to ensure a successful prep.**

You can reach Your Patient Advisor with non-medical prep questions at: **800.349.0285**

You can reach your physician’s office at: **913.355.3898**

**Special Notes**: You have been scheduled for a flexible sigmoidoscopy for the purpose of examining your rectum and colon. Please follow your prep instructions carefully to ensure a clean colon for an accurate exam.

Plan to be at the hospital for 3-4 hours the day of your procedure.

**PREP WEEK AT A GLANCE**

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| --- | --- | --- | --- |
| Prep Day: The day before your procedure | | | |
| Step  1 |  | **12:00 Midnight** the day prior to your procedure  Nothing to eat or drink after midnight. |  |
| Prep Day: The day of your procedure | | | |
| Step  2 |  | **2 hours before leaving for the hospital** the of your procedure  Use the first Fleets enema. | Graphical user interface, application  Description automatically generated |
|  | | | |
| Step  3 |  | **1 hour before leaving for the hospital** the day of your procedure  Use the second Fleets enema  Patients on heart, lung, blood pressure or seizure medicine need to take their daily medication with a sip of water per their regular routine. NOTIFY THE NURSE IN THE GI LAB WHAT MEDICATIONS YOU HAVE TAKEN TODAY. |  |
|  | | | |
| Step  4 |  | **Arrive 1 ½ Hours prior to your procedure time,** check in to Olathe Medical Center Patient Registration by the Emergency room on the back side of the hospital one and one half (1 ½ hours prior to your procedure time. Do NOT come to the doctor’s office. You will have a long walk to registration and will be late checking in. |  |
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**Insurance Policy**

* If your GI procedure results in a pathology service such as a biopsy or polyp removal, you may receive a professional interpretation bill from LabCorp. Call the customer service number on your insurance card to check with your insurance company to see what your coverage is going to be. Our office will attempt to pre-certify your procedure, but it is your responsibility to contact your insurance company an acquire authorizations. This will minimize financial surprises as each insurance company and plan pays for this procedure differently. *\*If you do not have insurance you will need to contact our billing office at 913-393-5267 to arrange for payment prior to the procedure.*
* There may be a fee for all no shows and cancellations made less than 24 hours prior to the scheduled procedure. This fee is not covered by insurance.