



Welcome to GI Specialists. You are scheduled for a video capsule.

**When am I scheduled?**

Procedure: Date: \_\_\_\_\_ Time: \_\_\_\_\_ am/pm

**The transmitter is due back at the office by the end of the day 5:00pm.**



**This is important information that may result in your procedure being rescheduled if not followed:**

**7 DAYS PRIOR:**

PLEASE **STOP** TAKING **IRON** SUPPLEMENTS 7 DAYS PRIOR TO THE VIDEO CAPSULE ENDOSCOPY.



Pick up Dulcolax tabs (you will only need 2 tablets) for the prep at the pharmacy/store.



Call the customer service number on your insurance card to check with your insurance company to see what your coverage is going to be. Our office will attempt to pre-certify your procedure but it is your responsibility to contact your insurance company and acquire authorizations. This will minimize financial surprises as each insurance company and plan pays for this procedure differently. \*If you do not have insurance you will need to contact the office to arrange for payment prior to the procedure. Please call Billing at 913-393-5267 to make payment.

## THE DAY BEFORE:



- You may have a light breakfast (toast, small bowl of oatmeal-**no milk or milk products**).

The rest of the day you are to be on a LIQUID DIET. NO SOLID FOODS.

**Liquids that are ok include:** Cola, diet Cola, juice (apple, white grape-juices with no pulp) coffee (no cream), tea, broth, jello, and popsicles(**no red, orange or purple colored liquids**).



- 3:00pm: Take 2 Dulcolax tabs**

\*\*Please remember to remain close to a bathroom during this time. Every patient has a different response to taking the prep medication and urgency to have a bowel movement may be immediate.



- NOTHING TO DRINK AFTER MIDNIGHT UNTIL 2 HOURS AFTER SWALLOWING THE PILL.**

## THE DAY OF THE PROCEDURE:

- The capsule endoscopy test will last 8-9 hours. **Contact the office immediately if you experience any abdominal pain, nausea or vomiting during the procedure.**
- Please wear loose fitting two piece clothing. Your **top must be 100% cotton**. Do not apply any lotions or body powders to your abdomen.
- On the day of the procedure you are to **not take any morning medication until 2 hours after you swallow the capsule**. This will make sure that the view of the capsule is not obscured by any medication you may take.
- You **may drink colorless liquids starting 2 hours after swallowing the capsule**.
- You **may have a light snack 4 hours after ingestion**. No fresh fruits or vegetables and continue to stay away from red, blue and purple liquids. Soups, sandwiches are ok for you to have.
- Check the blue flashing Data recorder light every 15 minutes to make sure it is blinking twice per second. **If it stops blinking or changes colors, please note the time and call the office.**
- Use the supplied capsule endoscopy event form to note the time of any event such as eating, drinking or a change in your activity. Return the completed Event Form when you return the equipment.
- Please avoid strong magnetic fields** such as MRI devices or HAM radios until you pass the capsule in a bowel movement.
- DO NOT DISCONNECT the equipment or remove the belt at any time** during the procedure. Avoid sudden movements and banging of the data recorder and avoid direct exposure to bright sunlight.