



Why have I been scheduled for a colonoscopy? You have been scheduled for a colonoscopy for the purpose of examining your colon and if necessary removing any polyps (growth of tissue attached to the inside of the colon). The doctor may also take biopsies to check for other colon disorders. You will have an IV for the procedure so that you can have sedation to make you comfortable during the procedure.

Please plan on being at the hospital for 3-4 hours total. Make sure you have a legal adult available to drive you to the procedure and they must be available to stay at the hospital with you. **The procedure will not be done if you do not have a driver with you. You also need to have an adult with you the remainder of the day.**

Please follow your prep instructions carefully to ensure a clean colon for an accurate exam.

When am I scheduled?

Procedure: Date: _____ Time: _____ am/pm Check in : _____ am/pm
Follow-up visit for results: Date: _____ Time: _____ am/pm



This is important information that may result in your procedure being rescheduled if not followed:



Regarding your medications:



1. You **may** take aspirin and non steroidal medication(Ibuprofen, Aleve, Naproxen)
2. Iron supplements and fish oil- please stop taking these 5 days prior to test.

3. Plavix, Coumadin, Heparin, Lovenox, Pradaxa (blood thinners only).
*****It is your responsibility to notify your cardiologist or primary care doctor that you are having a GI procedure and need to be directed on what to do with your blood thinners. If your doctor wants you to remain on the blood thinners please notify the office before the procedure.***
4. Diabetic Patients: Please speak with your physician that treats your diabetes regarding any possible change in the dosage of your insulin or oral hypoglycemic agents on prep day and procedure day.
5. Body Weight: Please notify the office if you weigh 350 pounds or more

Prep Instructions



- Pick up prescription (Plenvu) from the pharmacy as soon as possible. If the pharmacy doesn't have Plenvu, they should be able to order and have the next business day.

The Day Before:

- No Solids – clear liquids only for breakfast, lunch and dinner.**

The rest of the day you are to remain on a CLEAR LIQUID DIET. NO SOLID FOODS. Milk and milk products are **not** allowed. You are to have liquids only. Avoid liquids that are red, orange or purple. Soft drinks, juice (apple, white grape-Juices with NO PULP) coffee, tea, broth, jello, and popsicles are some items that are ok for you to have.

- At approximately 6:00 PM**

- Use the mixing container to mix the contents of the **Dose 1 Pouch** with at least 16 ounces of water by shaking or using a spoon until its completely dissolved.
- Drink all of the liquid in the container. You must drink two (2) more 16 ounce containers of water over the next 1 hour.



Please remember to remain close to a bathroom during this time. Every patient has a different response to taking the prep medication and urgency to have a bowel movement may be immediate.

The Day of the Procedure:



- Patients on heart, lung, blood pressure, or seizure medicine need to take their daily medication with a sip of water per their regular routine. **NOTIFY THE NURSE IN THE GI LAB WHAT MEDICATIONS YOU HAVE TAKEN TODAY.**

- 5 hours prior to the procedure**

- Use the mixing container to mix the contents of **Dose 2 (Pouch A and Pouch B)** with at least 16 ounces of water by shaking or using a spoon until its completely dissolved. Slowly drink all of the fluid in the container taking approximately 30 minutes. You must then drink 1 additional container of clear liquid over the next 30 minutes.

****Be sure to drink all of the solution or your preparation may not be adequate.**

- NOTHING TO EAT OR DRINK PRIOR TO 4 HOURS TO YOUR PROCEDURE**



- Check in to Olathe Medical Center Patient Registration by the Emergency room on the back side of the hospital one and one half (1 ½) hour prior to your procedure time. Please do not come to the doctor's office. You will have a long walk to get to registration and will be late checking in. Please plan on being at the hospital for 3-4 hours total.

Insurance Policy



- If your colonoscopy has been scheduled as a screening/routine (no symptoms) and the doctor finds a polyp or tissue that has to be removed the colonoscopy is no longer considered a screening procedure. It is considered a surgical procedure and your insurance benefits may change. Call the customer service number on your insurance card to check with your insurance company to see what your coverage is going to be. Our office will attempt to pre-certify your procedure but it is your responsibility to contact your insurance company and acquire authorizations. This will minimize financial surprises as each insurance company and plan pays for this procedure differently. **If you do not have insurance you will need to contact our billing office at 913-393-5267 to arrange for payment prior to the procedure.*

- There may be a fee for all no shows and cancellations made less than 24 hours prior to the scheduled procedure. This fee is not covered by insurance.