

## AUDIO - DIGEST

### FAMILY PRACTICE

(UP TO 2 CREDIT HOURS OF **FREE CME**)

\*AVAILABLE IN THE LIBRARY ON CD

### INFECTIOUS DISEASES: A MANAGEMENT GUIDE

- VOLUME 60, ISSUE 16
  - SEXUALLY TRANSMITTED INFECTIONS IN MEN
  - ANTIBIOTIC UPDATE: WHAT YOU NEED TO KNOW

### PEARLS FOR BETTER PRACTICE

- VOLUME 60, ISSUE 14
  - WHAT I LEARNED IN 2011
  - USPSTF UPDATES ON OSTEOPOROSIS, VISUAL IMPAIRMENT IN CHILDREN, AND TESTICULAR CANCER

### GASTROINTESTINAL DISEASES: A CLINICAL UPDATE

- VOLUME 60, ISSUE 12
  - CELIAC DISEASE
  - WHAT'S NEW AND USEFUL IN GASTROENTEROLOGY

### OFFICE GYNECOLOGY: MANAGING COMMON CONCERNS IN WOMEN

- VOLUME 60, ISSUE 10
  - VAGINAL INFECTIONS
  - ABNORMAL VAGINAL BLEEDING
  - MENOPAUSE

### PHARMACOTHERAPY: WHERE DO WE STAND?

- VOLUME 60, ISSUE 08
  - EMERGING ISSUES IN ANTIMICROBIAL RESISTANCE
  - UPDATE ON NEW DRUGS

### IMMUNIZATIONS: PART 2 AN ANALYSIS OF VACCINE SAFETY

- VOLUME 60, ISSUE 06
  - ISSUES OF CONCERN
  - CASE STUDIES
  - MECHANISMS OF VACCINE SAFETY
  - QUESTIONS AND ANSWERS

### IMMUNIZATIONS: PART 1 GUIDELINES AND RECOMMENDATIONS

- VOLUME 60, ISSUE 04
  - VACCINATION: CLINICAL VALUE AND SCHEDULING
  - IMMUNIZATION BY AGE GROUP
  - IMPROVING IMMUNIZATION RATES

- QUESTIONS AND ANSWERS

### NEUROMUSCULAR DISORDERS

- VOLUME 60, ISSUE 02
  - RESTLESS LEGS SYNDROME
  - STATINS AND MYALGIA

### INFECTIOUS DISEASE AND THE OLDER ADULT

- VOLUME 59, ISSUE 48
  - HIV: EPIDEMIOLOGY, SCREENING, AND THE ROLE OF PRIMARY CARE
  - IMMUNIZATION IN THE OLDER ADULTS: EFFECTIVENESS AND RECOMMENDATIONS

### INFLAMMATORY BOWEL DISEASE: A MANAGEMENT OVERVIEW

- VOLUME 59, ISSUE 46
  - CROHN DISEASE: WHAT ARE OUR THERAPEUTIC GOALS?
  - PRIMARY CARE OF THE PATIENT WITH IBD

### BAD FOR THE BONES: PRESCRIPTION MEDICATIONS AND SKELETAL DETERIORATION

- VOLUME 59, ISSUE 44
  - CORTICOSTEROIDS
  - CANCER THERAPY
  - DIABETIC THERAPY

### HYPERTENSION 2011: CURRENT MANAGEMENT GUIDELINES AND YOUR PRACTICE

- VOLUME 59, ISSUE 42
  - CLINICAL OVERVIEW
  - BLOOD PRESSURE: MONITORING AND GOALS
  - RECOMMENDATIONS ON MANAGEMENT
  - QUESTIONS AND ANSWERS

### GYNECOLOGY UPDATE 2011: WHAT FAMILY PHYSICIANS NEED TO KNOW

- VOLUME 59, ISSUE 40
  - DEXA SCAN PRECAUTIONS/STD SCREENING/CONTRACEPTION
  - BREAST CANCER SCREENING/OSTEOPOROSIS/POSTMENOPAUSAL HORMONE THERAPY
  - VAGINAL DISCHARGE
  - ASSESSMENT OF POLYCYSTIC OVARY SYNDROME/ACUTE BLEEDING

### MIGRAINE: COMMUNICATING WITH PATIENTS

- VOLUME 59, ISSUE 38
  - ACUTE TREATMENT OF MIGRAINE
  - PREVENTIVE THERAPY FOR MIGRAINE

### MANAGEMENT OF NEUROPATHIC PAIN

- VOLUME 59, ISSUE 36
  - KEY CLINICAL CONCEPTS IN PAIN MANAGEMENT

- PHARMACOLOGIC MANAGEMENT OPTIONS

### EPILEPSY

- VOLUME 59 ISSUE 34
  - NEW ANTIPILEPTIC DRUGS
  - FUTURE TREATMENTS FOR EPILEPSY

### COMMON HEALTH CONCERNS IN WOMEN: A SURVEY OF CURRENT MANAGEMENT OPTIONS

- VOLUME 59 ISSUE 32
  - OSTEOPOROSIS
  - MENOPAUSE

### CARDIOVASCULAR DISEASE: A SURVEY OF CRITICAL MANAGEMENT CONCEPTS

- VOLUME 59 ISSUE 30
  - STROKE AND TRANSIENT ISCHEMIC ATTACK
  - SYNCOPE

### UROLOGIC CONCERNS IN MEN

- VOLUME 59 ISSUE 28
  - PROSTATE-SPECIFIC ANTIGEN (PSA) TESTING: BOON OR BOONDOGGLE?
  - ERECTILE DYSFUNCTION/PREMATURE EJACULATION: WORK-UP AND MANAGEMENT

### SPORTS INJURIES: THE CONSEQUENCES OF OVERDOING IT

- VOLUME 59 ISSUE 26
  - OVERUSE INJURIES IN THE WEEKEND WARRIOR
  - BEYOND THE SIDELINES: WHEN TO RETURN TO WORK, SCHOOL, OR SPORT

### GERIATRICS IN PRIMARY CARE

- VOLUME 59 ISSUE 24
  - SLEEP PROBLEMS IN OLDER PEOPLE
  - HEMATOLOGIC DISEASES IN THE ELDERLY: SELECTED TOPICS

### UPDATE ON ENVIRONMENTAL AND OCCUPATIONAL MEDICINE

- VOLUME 59 ISSUE 22
  - COMMON OCCUPATIONAL AND ENVIRONMENTAL HAZARDS
  - THE GULF OIL SPILL: OCCUPATIONAL HEALTH AND ENVIRONMENTAL IMPACTS

### DRUG THERAPY: ADVICE ON AVOIDING COMPLICATIONS

- VOLUME 59 ISSUE 20
  - OPIOIDS IN PRIMARY CARE
  - MEDICATIONS DURING PREGNANCY
  - CURBSIDE CONSULTATIONS: HYPERLIPIDEMIA, SEROTONIN SYNDROME, TRAMADOL AND SEIZURES

### OBESITY: A MANAGEMENT SPECTRUM

- VOLUME 59 ISSUE 18

- WEIGHT LOSS: QUICK AND EASY TOOLS TO HELP YOUR PATIENT
- BARIATRIC SURGERY

### DEPRESSION AND DEMENTIA: A PRIMARY CARE PERSPECTIVE

- VOLUME 59 ISSUE 16
  - DEPRESSION: AMANAGEMENT UPDATE
  - DEMENTIA: GUIDELINES ON DIAGNOSIS AND MANAGEMENT

### OTOLARYNGOLOGY IN PRIMARY CARE

- VOLUME 59 ISSUE 14
  - OFFICE OTOLARYNGOLOGY
  - BELL Palsy

### UPDATE ON ANTICOAGULATION

- VOLUME 59 ISSUE 12
  - DEEP VENOUS THROMBOSIS
  - ATRIAL FIBRILLATION
  - THROMBOLYSIS
  - QUESTIONS AND ANSWERS

### GUIDELINES FOR THE WELL WOMAN

- VOLUME 59 ISSUE 10
  - UNITED STATES PREVENTIVE SERVICES TASK FORCE RECOMMENDATIONS FOR
  - COMMON VOLVOVAGINAL ISSUES

### GERONTOLOGY FOR DAILY PRACTICE

- VOLUME 59 ISSUE 08
  - POLYPHARMACY IN THE ELDERLY: TO PRESCRIBE OR NOT TO PRESCRIBE?
  - ADVANCES IN GERIATICS

### CRITICAL CONCERNS IN PEDIATRICS

- VOLUME 59 ISSUE 06
  - RECOGNIZING AND HELPING THE GENDER-VARIANT CHILD
  - JAUNDICE IN THE NEWBORN

### PEARLS IN PERINATAL CARE

- VOLUME 59 ISSUE 04
  - PRENATAL CARE IN THE FIRST TRIMESTER
  - MOOD AND ANXIETY DISORDERS IN PREGNANCY

### GASTROENTEROLOGY FOR THE PRIMARY CARE PHYSICIAN

- VOLUME 59 ISSUE 02
  - EOSINOPHILIC ESOPHAGITIS AND INFLAMMATORY BOWEL DISEASE IN THE PEDIASTRIC PATIENT
  - CELIAC DISEASE

### PEDIATRIC CARDIOLOGY: PEARLS ON PREVENTION

- VOLUME 58 ISSUE 48
  - STIMULANT MEDICATIONS: THE ROLE AND NECESSITY OF CARDIAC EVALUATION
  - THE PEDIATRIC ATHLETE: SYNCOPE, SUDDEN DEATH, AND CARDIAC SCREENING

### DEVELOPMENTS IN DIABETES MANAGEMENT

- VOLUME 58 ISSUE 46
  - TYPE 2 DIABETES CARE IN THE POST-ACCORD ERA
  - DIABETES FOOT INFECTIONS: MANAGEMENT GUIDELINES

### COMMON NEUROMUSCULAR SYNDROMES A MANAGEMENT PERSPECTIVE FOR PRIMARY CARE

- VOLUME 58 ISSUE 44
  - EPILEPSY
  - RESTLESS LEG SYNDROME

### CARDIOVASCULAR RISK: STRATEGIES FOR SENSIBLE MANAGEMENT

- VOLUME 58 ISSUE 42
  - DYSLIPIDEMIAS
  - DIETARY MANAGEMENT OF LIPIDS, HYPERTENSION, AND CVD PREVENTION

### DIRECTIONS FOR DIFFICULT INFECTIONS

- VOLUME 58 ISSUE 40
  - MANAGING INFECTIOUS DIARRHEA
  - SOME COMPLEX CASE EXAMPLES

### ADOLESCENT CONFIDENTIAL

- VOLUME 58 ISSUE 38
  - DRUG ABUSE: MEETING THE CHALLENGE
  - DEPRESSION AND ANXIETY: DIAGNOSIS AND TREATMENT

### EATING AND FEEDING: DISORDERS, DISEASES, AND MORAL CONFLICTS

- VOLUME 58 ISSUE 36
  - EVALUATION AND TREATMENT OF EATING DISORDERS
  - FEEDING ISSUES IN PATIENTS WITH DEMENTIA

### ATTACKING AUTOIMMUNE DISEASES: CURRENT STRATEGIES AND TECHNIQUES

- VOLUME 58 ISSUE 34
  - LUPUS
  - MULTIPLE SCLEROSIS

### GUIDELINES IN WOMEN'S HEALTH

- VOLUME 58 ISSUE 32
  - GYNECOLOGIC PROBLEMS IN OLDER WOMEN
  - CARDIOVASCULAR DISEASE: SCREENING AND MANAGEMENT

BREATHLESS: AN ASTHMA TUTORIAL

- VOLUME 58 ISSUE 30
  - ASTHMA MASQUERADERS AND MANAGEMENT
  - ASTHMA IN PREGNANCY: WHO IS REALLY AT RISK?

WOMEN AND SEX: A REVIEW OF RISKS AND PRECAUTIONS

- VOLUME 58 ISSUE 28
  - SEXUALLY TRANSMITTED INFECTIONS: NEW TESTS AND GUIDELINES
  - CONTRACEPTION IN WOMEN WITH CHRONIC MEDICAL CONDITIONS

RHEUMATIC DISEASES: AN UPDATE ON MANAGEMENT

- VOLUME 58 ISSUE 26
  - OFFICE RHEUMATOLOGY: PRACTICAL TIPS AND TECHNIQUES
  - RAYNAUD'S PHENOMENON: PATHOGENESIS AND TREATMENT

CHRONIC KIDNEY DISEASE: PRIMARY CARE APPROACH TO MANAGEMENT

- VOLUME 58 ISSUE 24
  - DISEASE PATHOPHYSIOLOGY AND DIAGNOSIS
  - REDUCING THE RISK OF PROGRESSION: PROVEN THERAPEUTIC INTERVENTIONS
  - QUESTION AND ANSWER SESSION

NASTY INFECTIONS: LYME DISEASE/*CLOSTRIDIUM DIFFICILE*

- VOLUME 58 ISSUE 22
  - LYME DISEASE: AN ENIGMA WRAPPED IN A MYSTERY
  - *CLOSTRIDIUM DIFFICILE*: PREVENTION AND MANAGEMENT

ISSUES IN OSTEOPOROSIS

- VOLUME 58 ISSUE 20
  - CONTROVERSIES IN MANAGEMENT
  - PROMISING DEVELOPMENTS IN TREATMENT

CRITICAL ISSUES IN WOMEN'S HEALTH

- VOLUME 58 ISSUE 18
  - HORMONE REPLACEMENT THERAPY: A WOMAN'S SYMPHONY
  - BREAST CANCER UPDATE

ISSUES IN HIV MEDICINE

- VOLUME 58 ISSUE 16
  - NEUROCOGNITIVE DISORDERS
  - FERTILITY ISSUES

PEARLS AND POINTERS IN PEDIATRICS

- VOLUME 58 ISSUE 14
  - FAMILY-CENTERED APPROACH TO PREVENTING OBESITY IN CHILDREN
  - AUTISM: DIAGNOSIS AND TREATMENT

### STEPS TO BETTER PRACTICE

- VOLUME 58 ISSUE 12
  - IMPORTANT THINGS I LEARNED THIS YEAR
  - TOP 10 PREVENTION PRIORITIES FOR SAVING LIVES

### UROLOGY/INFERTILITY UPDATE

- VOLUME 58 ISSUE 10
  - THE OVERACTIVE BLADDER IN MEN
  - THE PROSTATE-SPECIFIC ANTIGEN (PSA) AND CANCER SCREENING
  - INFERTILITY: WORKUP AND TREATMENT

### WHAT'S EATING YOU? FOOD, MOOD AND CARDIOVASCULAR RISK

- VOLUME 58 ISSUE 08
  - FACTORS INFLUENCING APPETITE AND WEIGHT LOSS
  - CLINICAL APPLICATION OF CURRENT DATA
  - QUESTIONS AND ANSWERS

### MANAGEMENT ISSUES IN THE ELDERLY

- VOLUME 58 ISSUE 06
  - ANTICOAGULATION IN THE ELDERLY
  - AORTIC ANEURYSMS OF THE ABDOMEN

### GUT REACTIONS: CONCEPTS IN GASTROENTEROLOGY

- VOLUME 58 ISSUE 04
  - IRRITABLE BOEL SYNDROME (IBS)
  - DYSPEPSIA
  - GASTROPARESIS

### FYI ON STDs

- VOLUME 58 ISSUE 02
  - HIV: FAMILY PHYSICIAN'S ROLE IN DIAGNOSIS AND TREATMENT
  - STDs: ARE YOU ASKING THE RIGHT QUESTIONS?

### IMMUNIZATION UPDATE: WHAT'S NEW, WHAT'S TRUE?

- VOLUME 57 ISSUE 48
  - VACCINES FOR ADOLESCENTS AND PREADOLESCENTS
  - ADULT IMMUNIZATIONS

### CARDIOVASCULAR DISEASE: CONCEPTS IN MANAGEMENT

- VOLUME 57 ISSUE 46
  - STABLE CORONARY ARTERY DISEASE: WHO NEEDS MASSIVE INTERVENTION?
  - ATRIAL FIBRILLATION

### THREATS TO LUNG FUNCTION: WHAT CAN WE DO ABOUT THEM?

- VOLUME 57 ISSUE 44
  - SMOKING CESSATION: A MEDICAL APPROACH
  - COPD: INPATIENT, OUTPATIENT, HOUR PATIENT

#### ESSENTIALS OF NEPHROLOGY: ACUTE AND CHRONIC KIDNEY DISEASE

- VOLUME 57 ISSUE 42
  - ACUTE KIDNEY INJURY
  - CHRONIC KIDNEY DISEASE

#### TREATING GI DISEASE: MINIMIZING RISKS AND ENHANCING BENEFITS

- VOLUME 57 ISSUE 40
  - REDUCING CARDIOVASCULAR AND GI HAZARDS OF NSAIDS
  - IMPROVING OUTCOMES FROM UPPER GI BLEEDING

#### GERIATRIC DILEMMAS

- VOLUME 57 ISSUE 38
  - PREVENTION OF FALLS
  - CONCERNS OF CAREGIVERS
  - PHARMACOTHERAPY

#### IMPROVING PEDIATRIC CARE

- VOLUME 57 ISSUE 36
  - HEART MURMURS AND CHEST PAIN IN CHILDREN
  - FAILURE TO THRIVE

#### WHEN MIND AND BODY FAIL: COPING WITH COMPLEX NEUROLOGIC DISEASES

- VOLUME 57 ISSUE 34
  - ALZHEIMER'S DISEASE
  - ATYPICAL DEGENERATIVE PARKINSONIAN SYNDROMES

#### CONCEPTS IN CANCER MANAGEMENT

- VOLUME 57 ISSUE 32
  - CANCER SCREENING: NEW TESTS, NEW CHOICES
  - PROSTATE CANCER

#### PAIN MANAGEMENT: A PRIMARY CARE PERSPECTIVE

- VOLUME 57 ISSUE 30
  - MANAGING CHRONIC PAIN WITHOUT LOSING YOUR MIND OR LICENSE
  - TEASING OUT THE PSYCHE IN CHRONIC PAIN PATIENTS

#### SLEEP DISORDERS: DIAGNOSIS AND MANAGEMENT

- VOLUME 57 ISSUE 28
  - UPDATE ON INSOMNIA MANAGEMENT
  - OBSTRUCTIVE SLEEP APNEA

### CONFRONTING ADDICTION

- VOLUME 57 ISSUE 26
  - MEDICALLY SUPERVISED WITHDRAWAL
  - USE, ABUSE, AND UNTOWARD EFFECTS OF BENZODIAZEPINES

### COMMON MEDICAL ISSUES IN THE ELDERLY: ASSESSING CURRENT CARE OPTIONS

- VOLUME 57 ISSUE 24
  - ANTIMICROBIALS IN THE ELDERLY: IS NOW THE BEGINNING OF THE END?
  - URINARY INCONTINENCE IN THE ELDERLY

### COMMUNITY-ACQUIRED MRSA: PORTRAIT OF A KILLER

- VOLUME 57 ISSUE 22
  - IMPACT OF ANTIMICROBIAL THERAPY
  - STAPHYLOCOCCUS AUREUS
  - DEVELOPMENT OF ANTIMICROBIAL RESISTANCE
  - CLINICAL RELEVANCE OF MRSA
  - SELECTION FOR RESISTANCE
  - THERAPEUTIC IMPLICATIONS
  - QUESTIONS AND ANSWERS

### PEARLS IN PAIN MANAGEMENT

- VOLUME 57 ISSUE 20
  - NONOPIOIDS FOR PAIN
  - REHABILITATION IN PAIN STATES

### ISSUES CONCERNING THE ELDERLY

- VOLUME 57 ISSUE 18
  - MOST COMMON QUESTIONS ABOUT GERIATRIC SKIN PROBLEMS
  - CAREGIVER CONCERNS
  - ASSESSING OLDER DRIVERS

### RECREATIONAL BUGS

- VOLUME 57 ISSUE 16
  - TRAVEL MEDICINE
  - SEXUALLY TRANSMITTED INFECTIONS